

# Books on Counselling

## Wendy Harvey

- Focusing - Eugene Gendlin
- Focusing-Oriented Psychotherapy - Eugene Gendlin
- Your Body Knows the Answer. Your Felt Sense to Solve Problems, Effect Change and Liberate Creativity - David Rome
- The Making of Them: The British Attitude to Children and the Boarding School System- Nick Duffell
- My Stroke of Insight - Mary Bolte Taylor
- Non-violent Communication - A Language of Life. Marshall Rosenberg
- Insight Dialogue - Gregory Kramer
- Anchored. How to befriend Your Nervous System Using Polyvagal Theory - Deb Dana
- Raising Our Children, Raising Ourselves – Naomi Aldort
- Welcoming Consciousness. Supporting Babies' Wholeness from the Beginning of Life — Wendy McCarty
- Healing without Freud or Prozac - Dr David Servan-Schreiber
- Love's Hidden Symmetry - Bert Hellinger
- Acknowledging What Is - Bert Hellinger